

SOCIAL DISTANCING POLICY

Summary Policy

- Leeds Church Institute staff to assist safe opening of workplaces
- Keep a 2 metre rule in workplaces wherever possible
- Maintain current controls where they exceed the minimum
- New risk assessments to justify any change in distancing and controls
- Additional control measures implemented when working under 2 metres
- Enhanced cleaning and hygiene and PPE in relation to any work under 2 metres

The most recent COVID-19 guidance from the UK Government applies only to England. Separate advice exists for [Northern Ireland](#), [Scotland](#) and [Wales](#)

Distance

The 1 metre distance is based on out-of-date findings from the 1940s suggesting that most droplets will carry for only 1 metre. Yet, several studies from 2020 are showing that certain size droplets can travel much further, depending on ambient temperatures and air flow. Some of the findings show a reduction in risk of 82% with a physical distance of 1 metre, compared to no separation in both health-care and community settings. However, every additional 1 metre of separation more than doubled the relative protection, with data available up to 3 metre. So 2 metres affords at least double the protection of 1 metre. UK Government scientific advisers are saying that the risk at 1 metre could be anything from 2 to 10 times that at 1 metre.

There is a widespread view that the relaxation of lockdown rules, including social distancing of 2 metres, is unwise, and possibly foolhardy until the test and trace programme is operating effectively, and there is a significant reduction in the R-number. In addition all industries are now geared up to accommodate 2 metre social distancing. The concept is embedded in risk assessments, procedures, training and physical aids such as signs and floor markings. An important factor is people's behaviour, 2 metres is now engrained in the way they work and live. This mind set will be difficult to erode, as will the trust and acceptance that goes with it.

Face coverings

Where face coverings for community use have been made mandatory because adequate social distancing cannot be achieved, such as on public transport, these need to reach the World Health Organisation (WHO) standard:

- Consisting of at least three layers of different materials
- With an inner layer being an absorbent material like cotton, and a

- Middle layer of non-woven materials such as polypropylene (for the filter) and an
- Outer layer, which is a non - absorbent material such as a polyester or a polyester blend.

Keeping a 2 metre rule in workplaces wherever possible

The most recent Government advice for England is that 2 metre social distancing should continue wherever possible.

Where employers have already established workplace procedures based on 2 metre separation they should maintain them, removing the need for the wearing of any face masks. The safety of all those at work should continue to be based on 2 metre separation where practical, since this is clearly an effective, and well-established, risk reduction measure. Furthermore it will help to instil confidence in the workforce that their safety and health is not being put at greater risk.

Maintaining current controls where they exceed the minimum

Where organisations already have good controls in place which exceed the minimum requirement, they should be retained. This applies to all controls, such as health checks, social distancing, physical barriers and PPE.

New risk assessments to justify any change in distancing and controls

Any proposed changes in the workplace must be subject to further risk assessment by the employer, with full written justification for those changes. This includes any proposals to relax workplace separation.

Health risk assessments must be completed that take account the effects of the COVID-19 virus on higher risk groups. So for example BAEM group are at high risk of more severe outcomes including death, especially with additional health issues such as cardiovascular disease, hypertension , atrial fibrillation, diabetes, obesity, COPD, asthma and so on. Women who are pregnant, and especially BAEM women, are in a particular high risk group. The risk assessment should identify additional control measure in order to keep these groups safe, including possible shielding, working from home, redeployment or work in low risk areas.

Additional control measures implemented when working under 2 metres

If there is absolutely no alternative to achieving 2 metre separation in the workplace, in those situations where this applies employers must implement additional controls. These must be based on risk assessment and on applying the hierarchy of controls. The Government has said that in England “1 metre plus” includes wearing a face covering, installing screens, making sure people face away from each other, and providing extra handwashing facilities.

So, appropriate controls could include physical barriers between those working closer than 2 metres together. Where physical barriers are not possible it will be necessary to use face masks.

Even though social distancing has been lowered to 1 metre, in workplaces where distancing is less than 2 metres and physical barriers are not possible, face masks and, if necessary, visors must be made available by the employer. The minimum requirement for workers will be surgical masks, preferably fluid resistant, worn by the whole team. This control needs to be complimented by increased hand-washing, work of short duration with frequent breaks and co-horting, i.e. teams of the same people. If these conditions are not met and there is a risk of workers being exposed to people not wearing masks, then the minimum requirement is an FFP2 mask.

Where risk assessments identify more effective control measures further up the hierarchy of control such as solid barriers, then those controls must be used. Risk assessment will continue to be the main element in selecting appropriate control measures.

Enhanced cleaning and hygiene and PPE in relation to any work under 2 metres

In all cases regardless of social distancing requirements there would continue to be a strong emphasis on good hygiene and enhanced cleaning. Where there is any requirement for people to work within 2 metres of each other enhanced cleaning and hygiene measures must be put in place.