

Faith and Dementia Care



LCILeeds.org

How does faith equip us to welcome people with dementia?

We've gathered all our resources around dementia care to help you think theologically and pastorally about ageing and memory loss.



JOURNEYING TOGETHER

Journeying Together offers practical information and hints which helped its authors and contributors to accompany someone with dementia.

This book is a resource of accompaniment and solidarity on a journey which teaches 'a different kind of loving'. Written by LCI Trustee Jo Cortis and Pia Matthews, this is an insight into caring for loved ones, as well as reflecting on our own journeys of discipleship.

The book is available from Leeds Church Institute for the discounted price of £10.

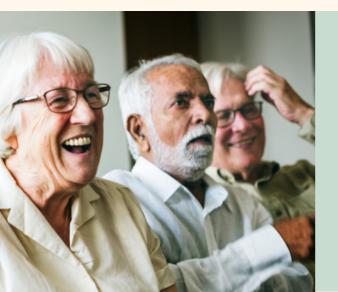
Email us to order the book from LCI

BOOK LAUNCH

LCI hosted the book launch of Journeying Together in June 2023.

You can hear the speakers from the launch, including Jo Cortis, Helen Reid, and John Battle, share their reflections on the LCI Podcast.





GROWING OLD GRACE-FULLY

Growing Old Grace-fully are a group seeking to enhance the spiritual, emotional and physical wellbeing of older people across the Catholic Diocese of Leeds.

We have worked closely with them on the launch of the Journeying Together book, and they have a fantastic repository of resources around faith and dementia.

<u>Visit the Dementia Support Hub</u>

Leeds Faith in Elderly People

LCI have supported the work of Faith in Elderly People in a long-running partnership, and hosted their closing event last year. We have a range of resources available to learn about the history and work of this wonderful organisation.



VIDEOS

Highlights from the Faith in Elderly People closing party, 'The Last Hurrah', are available on YouTube. Click the images to listen online:



Alan Griggs shares the history of Leeds Faith in Elderly People from its foundation in the 1980s



<u>Gaynor Hammond discusses her</u> <u>experience as FIEP **Dementia**</u> <u>**Project Worker**</u>



<u>Practical advice</u> for starting a

Dementia Café

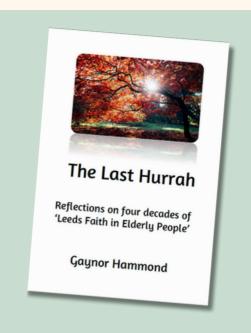


PRINT BOOKLET

Gaynor Hammond's reflection is also available as a print booklet from Leeds Church Institute.

LCI members are welcome to receive a free copy - just get in touch and we'll post it to you.

Email us for your free copy





ABIDE WITH ME

Abide With Me is a set of three comics that explore some aspects of life with memory loss.

Written and beautifully illustrated by local artist Simon Smith, Abide With Me is relevant for people in Leeds of all faiths and none, showing how different generations can live well together.

The resource is published by LCI, and we'd love to send you a print copy.

Email us to receive a free print copy



Download the digital resource here

FURTHER RESOURCES

Alzheimer's Society's Dementia Friends programme is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the nation thinks, acts and talks about the condition.

They have many helpful resources on their website.

Dementia Friends

An Alzheimer's Society initiative

Find out more about Dementia Friends here

A Psalm for Those Journeying Together with Dementia

LCI Poet-Theologan Hannah Stone has written this beautiful psalm. You can use this for personal reflection, or in your church or small group.



Lord, you have searched for me and know me as I am. If I feel lost, you can find me, still.
You understand the thoughts of my heart even when words escape from me.
You perceive the way I have in mind when my friends cannot see the road ahead.
You pick up the fragments of my desires, provide loving hands to weave these threads into garments to protect me.
Even if I forget to praise you, your faithfulness feeds me; you remember my history, and share all my discoveries.

Lord, you search with us, and know how we long to make smooth the path for our companions, sweeping away the obstacles that trip them up. When we are bruised and feel broken, you soothe us with your wounded hands; when our heads ache and spin, you lift from them your crown of thorns. When loneliness closes us in, your presence opens new doors. When we stumble, you are there to steady our steps. The knowledge of you shines on our high spirits, and brightens our lowest moments.

Lord, you will always know your sheep and search for them, the ram, the yearling, the ewe, and lead us to the fold, safe from the wolves of the world. You will place your laughter in our mouths, even as our eyes shed your tears. You nourish us at your table, and refresh our thirsty souls with grace. We are yoked with you in a trinity of care – needed, given, received. All the day long, you walk with us, and when the night closes in, and darkness falls there you are, beside us, our place of rest.

Hannah Stone Poet-theologian to Leeds Church Institute June 2023



You can hear Hannah read the poem on YouTube here



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